

Pre-Nationals Hi Performance Camp

Competitive Level 2 June 17 - 22, 2019



Join us and get prepared for 2019 **Summer Nationals**. Camp will be led by head coach Charles Randall and Coach Hector de la Torre. Focus will be on pooles, bouting, tactical awareness, mental preparation, working with the referee, critical thinking, finishing, etc. Fitness daily. Some of our collegiate fencers will be home and attending the afternoon camp sessions whenever possible. Must have own electric gear. Bring a snack and lunch. Don't forget your water bottle.



You do NOT have to be going to nationals to participate in this camp but you must be in the Competitive Level 2 class, or by coach invitation. This is a high intensity camp to prepare for national championships and the July Challenge. If you are not going we encourage you to help prepare the team for nationals while boosting your own skills and competitive level.

Camp for ages 13 and over (must be in Competitive 2 level class , or by coach recommendation)

Mon - Fri. 9 - 3:45 p.m daily

Sat. 11: 15 a.m - 1:30 (video replay)



Club Members: \$350.00/Non Member \$450.00

Prepay in full 45 days in advance and save \$25.00

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Enroll my child in the 2019 Pre-Nationals Lev 2 camp.

Balance due on first day of camp OR pre-pay in full 45 days prior for \$25.00 discount.



Fencer Last Name: _____ First _____ Age _____

Address: _____

City: _____ State: _____ Email: _____

Emergency contact during camp: _____ Phone # _____

Parent Name: _____ Amount Paid \$ _____

Consent and Waiver of Liability for ALL Campers :

I/we give permission for the camper named above ("Camper") to attend the PDX Fencing camp listed above, and to participate in fencing instruction, bouting, games, tournament and field trip as part of the camp. Camper has no physical or behavioral conditions that may affect or limit his/her full participation in fencing and strenuous activity, **except as noted here**:

Camper has no known allergies, **except as noted here** (describe allergen, severity of reaction and treatment):

I/we realize that participation in fencing camp and related activities includes strenuous physical activity and/or activities that may be potentially hazardous. I/we hereby waive all claims of liability against PDX Fencing, its coaches, staff and volunteers for any injury or death to Camper caused by accident or negligence.

In the event of a medical emergency, I/we understand that every effort will be made to contact the emergency contact listed below. If the emergency contact cannot be reached, I/we hereby give permission to the licensed health-care practitioner selected by PDX Fencing to secure proper treatment, including hospitalization, anesthesia, surgery or injections or medication for Camper.

Camper (if age 18 or over): _____ Parent/Guardian (if Camper is under 18): _____

Date: _____ Health Insurance carrier: _____ Policy # _____